

Connecting Trio members to healthier eating

Blue Shield is excited to offer the Healthy Savings® program to active Trio HMO members starting January 1, 2020.*



Healthy Savings is a program designed to help you eat a healthier diet and get discounts on items like milk, whole-grain bread, lean meat, eggs, fruit, vegetables, and more.

How it works

As an active Trio member, you will automatically be enrolled in the program and receive a membership card in the mail. Just scan your Healthy Savings card or app at the checkout counter of a participating grocery store and instantly receive discounts on eligible healthy foods. That's it!

Once you register at blueshieldca.com/YourHealthySavings, you can log in to your account to view your discounts and see participating grocery stores.

The Healthy Savings program is available at no extra cost and is for Trio subscribers only.†



Download the Healthy Savings app so you can have your Healthy Savings card with you anytime, customize grocery lists, search for participating grocery stores near you, and much more. Available on the App StoreSM and Google PlayTM.

* Available to Trio HMO members upon their 2020 effective date or renewal. Certain terms and conditions apply.

† Dependents are not eligible for the program. Also, if a member is on our Do Not Contact list, they will not be enrolled in the program.

Healthy Savings is an independent entity that administrates services on behalf of Blue Shield of California.

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Google Play is a trademark of Google LLC.